# The Pondering Plus

Launch Pad into The Pondering Plus - Step 8.

Pre-requisites: Meet with Guild Rep and decide whether metamorphosing into a Pondering Plus is the next step for your Pub.

Text in bold are direct instructions.

Non-bolded font indicates helpful procedure to go about pursuing the current step.

So you're ready to add another layer to your Pondering Pub? Make sure you've reached at least stage 7 on the Pondering Pub Roadmap.

Once you and the Guild Rep have determined adding The Pondering Plus to your community is the appropriate next step, do the following:

Step 1: Organize a launch date.	Date:

Communicate to your core that something big will happen and make sure everyone will be there. If the desire for something more was acted upon recently, and your Pondering is aware that something is coming, tell them you're launching into The Pondering Plus.

Announce to everyone that Pub Leadership will be making an addition to the current Pub structure. At the Pondering, make it known the intentional transition into a new phase. You can even celebrate in some form at the end. You can use "<u>Launching the Pondering Plus Powerpoint"</u> to assist in this transition.

## Step 2: Engage with "What is Beauty?"

Found <a href="here">here</a>. (The Pondering Pub's Website, Featured Art, "What is Beauty?" By Nickolas Haushalter.) Lead it as you would any other Pondering Presentation. 1) Frame the subject. 2) Share your own thoughts. 3) Present the piece. 4) Reflect with questions.

After the reflection section has ended, shift focus to the Penultimate Paragraph. (the second to the last one). Have everyone take a few moments and decide on how they are going to make the world more beautiful. Structure their goals like SMART goals. Use the worksheet as a guide.

Then, have them share their goals with the group. Explain by what metrics they'll use to measure their goal.

#### Step 3: Partner with a buddy and pledge to one another to hold each other accountable.

Have each member partner with one other person. This will be their accountability buddy, making sure they are keeping to their goal and providing encouragement when things are hard. Try to have couples not be each other's accountability buddy, as they already are keeping each other accountable for other aspects of their lives. Have the Ponderers make a pledge to each other that they will keep their commitment. Use the Pondering Pledge and say it as a group, or have the buddies make a pledge to each other. After the Pledge is over, say a prayer, thanking God for continued development and asking His blessing on the journey ahead.

#### Step 4: Keep in contact.

Once a month, or every other Pondering, have the Pub Rep touch base with everyone. Have everyone give a "status report" and ask for updates, encouraging Pondering Plus members to get back up if they fell, or celebrate if they've made progress. The goal is to not lose momentum. It will be the Pub Rep's job to keep that momentum going. Remember to have an end date, or at least a final revisit date. If there's none, people will lose their energy.

### **Step 5: From Individuals to a Community.**

In Step 8, your Pub has challenged one another to make each other beautiful and each Ponderer has proved they could do it. There is a tangible example you can point to to demonstrate success. Further, your Pub knows what to expect in setting a goal. Over the next several months, your Pub will be determining what they would like to do as a community to foster the arts. **You'll have to determine when your Pub is ready to set a goal as a community to complete.** This can be hosting an art event in your city (such as a poetry night at a cafe), volunteering your time as a group, or holding each other to create artwork by a designated timeframe (like the Inklings).

After hearing all the goals, set an end date that realistically allows each member to accomplish theirs. At the end date, you should fully have transitioned to Step 9.

Please see <u>Towards Step 9</u> Document for further guidance! Please See <u>Volunteer Opportunities</u> for ideas!

Meet with your Guild Rep to discuss the individual pledges and determine when you're ready for Pub Pledges.